Carbon Nanomaterials as Catalysts for Hydrogen Uptake and Release in NaAlH$_4$

Polly A. Berseth,$^1$ Andrew G. Harter,$^1$ Ragaiy Zidan,*$^1$ Andreas Blomqvist$^2$, C. Moysés Araújo$^2$, Ralph H. Scheicher$^2$, Rajeev Ahuja$^{2,3}$, and Puru Jena$^4$

$^1$Energy Security Directorate, Savannah River National Lab, P. O. Box A, Aiken, SC 29803, United States of America

$^2$Condensed Matter Theory Group, Department of Physics and Materials Science, Uppsala University, Box 530, SE-751 21 Uppsala, Sweden

$^3$Applied Materials Physics, Department of Materials Science and Engineering, Royal Institute of Technology, SE-100 44 Stockholm, Sweden

$^4$Physics Department, Virginia Commonwealth University, Richmond, VA 23284, United States of America

Abstract:

A synergistic approach involving experiment and first-principles theory not only shows that carbon nanostructures can be used as catalysts for hydrogen uptake and release in complex metal hydrides such as sodium alanate, NaAlH$_4$, but also provides an unambiguous understanding of how the catalysts work. The stability of NaAlH$_4$ originates from the charge transfer from Na to the AlH$_4$ moiety, resulting in an ionic bond between Na$^+$ and AlH$_4^-$ and a covalent bond between Al and H. Interaction of NaAlH$_4$ with an electro-negative substrate such as carbon fullerene or nanotube affects the ability of Na to donate its charge to AlH$_4$, consequently weakening the Al-H bond and causing hydrogen to desorb at lower temperatures as well as facilitating the absorption of H$_2$ to reverse the dehydrogenation reaction. Ab initio molecular dynamics simulation further reveals the time evolution of the charge transfer process with hydrogen desorption occurring when the charge transfer is complete.

Introduction:

One key component of realizing the hydrogen economy for transportation applications is developing cost effective materials that can store and release hydrogen with large gravimetric and volumetric densities under moderate thermodynamic conditions ($I$, $2$). One of the most promising classes of materials for hydrogen storage is complex hydrides such as alanates and borohydrides. Among these, sodium aluminum hydride (NaAlH$_4$) is the most widely studied material. The thermodynamics and kinetics of hydrogen uptake and release of these materials are such that catalysts are needed to improve the reaction rates. The pioneering work of Bogdanovich and Schwickardi demonstrated that TiCl$_3$ acts as a catalyst to render sodium alanate (NaAlH$_4$) reversible and improve the hydrogen
sorption behavior. This has led to optimism that alanates may be suitable materials for hydrogen storage (3).

Despite extensive research on NaAlH₄ catalyzed with TiCl₃ and other materials in the decade since (4, 5), a fundamental understanding of how the Ti catalyst works has not been possible (6-9). The presence of NaCl and traces of Ti/Al alloys have been detected implying that the TiCl₃ catalyst has taken part in a chemical reaction. It is widely believed that a fundamental understanding of how the catalyst works may help in the rational design of new catalysts for the alanates as well as for other complex hydrides (e.g. borohydrides and amides).

Several groups have investigated the use of carbon materials as possible catalysts for NaAlH₄, and samples were almost exclusively ball milled (10-14). Four of these groups report that carbon materials are catalysts for the dehydrogenation and rehydrogenation of NaAlH₄ (10-13). However, ball milling is known to degrade fragile carbon nanostructures (15, 16) and is known to introduce Fe contamination from the ball mill vial and/or balls (17, 18), and Fe is an excellent catalyst for dehydrogenation of NaAlH₄ (19). When studying carbon materials as catalysts for NaAlH₄, care must be taken in the preparation of samples. We were interested in investigating this property of carbon nanomaterials with sample preparation techniques which avoid introduction of metal contaminants and degradation of the carbon nanostructures. We used a solvent preparation technique to intimately mix the NaAlH₄ and carbon without introducing metal contaminants.

In this paper we not only show that carbon nanostructures such as C₆₀ fullerenes and nanotubes (CNT) can be used as catalysts for dehydrogenation and rehydrogenation of sodium alanate, but also provide a fundamental understanding of how these catalysts work. This has significance beyond just NaAlH₄ and can apply to other complex metal hydride materials. C₆₀ fullerene, carbon nanotubes, and graphene are models of zero, one, and two dimensional carbon nanostructures, and their chemistry can be manipulated by changing their curvature and dimensionality. Changes in curvature of CNT can also have catalytic effects due to localization/delocalization of electrons. Theoretical calculations show that the geometrical parameters of CNTs deviate from the values obtained from simple wrapping of a perfect hexagonal sheet. The lattice constant along the tube axis exhibits a slight shrinking. The radial breathing mode (RBM) frequency does not follow the usually assumed 1/d behavior and there is a general softening with the increase of curvature; thus the deviation from the expected behavior increases with increasing curvature. The lattice constant along the tube axis also exhibits a slight shrinking when compared to bulk graphite (20).

Our first-principles calculations show that the energies needed to remove a hydrogen atom from NaAlH₄ supported on a (5,0) carbon nanotube or C₆₀ fullerene are significantly smaller than those in pure sodium alanate and are nearly the same as when Ti is substituted at the Na site in sodium alanate. Interestingly, no structural changes of
the carbon nanostructures take place, and unlike TiCl₃, the carbon nanotubes and fullerenes behave as true catalysts. The results can be explained in very simple terms by using the chemistry of the carbon substrates and that of the NaAlH₄ cluster. Note that the NaAlH₄ cluster is stabilized by the formation of the \((\text{AlH}_4)^-\) anion, charge balanced by having \(\text{Na}^+\) in the cationic form. As NaAlH₄ interacts with a substrate that is as electronegative as AlH₄, the ability of Na to donate the electron to form the \((\text{AlH}_4)^-\) anion is compromised and hence the covalent bond between Al and H is weakened. This weakening of the metal-hydrogen bond leads to lowering of the hydrogen desorption energy and hence to improved kinetics. In the following we establish this picture through experiment and first principles calculations.

**Experimental results:**

Mixtures containing NaAlH₄ with various types of carbon, including graphite, CNT of various diameters, and C₆₀ were made using a ball mill free preparation method that prevents the degradation and creation of defect sites in the carbon materials (see supporting information for material preparation conditions). Titanium was added to one CNT preparation for comparison. The results of the hydrogen cycling screening test are summarized in Fig. 1 below. These results are from the second desorption cycle, as it is possible that residual solvent contributed to the first desorption cycle. The carbon samples all aid in the absorption of hydrogen, and as expected, pure NaAlH₄ with no additives does not rehydride from the NaH product without addition of Ti or carbon. We found that C₆₀ is the best carbon additive for NaAlH₄, rehydriding NaAlH₄ by 4.3 wt% over 8 hour’s time.

Based on the initial screening study, we explored the C₆₀ mixture in more detail. Sample preparation was repeated by a second individual using C₆₀ from another source. To ensure that the effect was not due to unknown metal contamination, a C₆₀ sample was evaluated by neutron activation analysis. A very small amount (242:1 C₆₀:Cu) of Cu contaminant was found, and is not expected to play a role in catalysis due to the trace concentration. To verify this, a control sample containing 4 mol % CuCl in NaAlH₄ was tested and it rehydrides to ca. half the amount that the C₆₀ mixture does, confirming the catalytic activity is due to C₆₀. Fig. 2 below shows the second desorption cycle for two C₆₀ samples. The desorption temperature is lowered to ca. 130 °C by addition of C₆₀ (from ca. 180 °C in uncatalyzed NaAlH₄). The sample with a longer time H₂ absorption cycle releases a higher weight percent of H₂.

We do see differences in the dehydrogenation temperature of the NaAlH₄ based on the diameter of the CNT added to the material. Figure 3 shows the thermo-gravimetric analysis (TGA) data for the dehydrogenation of NaAlH₄ combined with 8 nm, 10-20nm, or 50 nm CNT. We can see that the inflection point for the second desorption step varies by CNT diameter with ~231 °C for the 10-20 nm CNT, ~243 °C for the 8 nm CNT next, and ~251 °C evidenced by the 50 nm CNT mixture. The tube diameter plays a less obvious role in the first desorption step, where the largest and smallest diameter CNT
give most of their H$_2$ at the same temperature. Bulk quantities of CNT contain tubes with a distribution of diameters, and as the diameters span less than 100 nm in total, we await the availability of bulk CNT samples with very narrow diameter distributions to explore this temperature dependence further.

The mechanism for H$_2$ absorption aided by carbon materials is of great interest. Carbon nanotubes are graphitic carbon sheets rolled into tubes, and it is possible that the accelerated absorption relative to flat graphite particles is due in part to the changes in the π- and σ-bonding orbitals that the H$_2$ molecules interact with on the surface of the material. The fullerene material C$_{60}$ is a 0.7 nm sphere made of graphitic carbon and has increased curvature relative to the 8-50 nm carbon nanotubes, and exhibits the strongest catalytic affect on NaAlH$_4$, suggesting the curvature of the carbon material is important to the function. Note that carbon nanotubes, even after cleaning, generally contain small amounts of residual catalyst material used in their synthesis (e.g. Fe, Co, or Ni), and the C$_{60}$ material contains trace amounts of Cu. Ab initio modeling was undertaken to further understand the interactions taking place between NaAlH$_4$ and the carbon nanomaterials.

**Modeling results:**

To study the interaction of sodium alanate with the carbon nano-structures (fullerenes, nanotubes, and graphene) we modeled sodium alanate with a single formula unit, namely a NaAlH$_4$ cluster. This approach is supported by earlier theoretical and experimental results where it has been demonstrated that very small clusters can mimic the properties of their crystals if the latter are characterized by strong covalent or ionic bonds such as those in TiN (21), NaCl (22), Sb$_2$O$_5$ (23), and W$_2$O$_3$ (24). The calculated Al-H bond lengths of 1.6 to 1.7 Å in NaAlH$_4$ cluster agree very well with that in the crystal, namely 1.64 Å. In addition, the energy necessary to remove one H atom from NaAlH$_4$ cluster is 3.8 eV while that from its crystal is 4.0 eV (25, 26). Thus, a NaAlH$_4$ cluster possesses the essential properties of the sodium alanate crystal and may serve as a model when calculating the properties of sodium alanate interacting with carbon nano-structures.

We have considered zero-, one-, and two-dimensional carbon nano-materials, namely C$_{60}$, single-walled carbon nanotubes of (5,0), (4,4), (5,5), and (8,0) type, and graphene. The diameters of the (5,0), (4,4), (5,5), and (8,0) nanotubes are respectively 3.92, 5.43, 6.78, and 6.27 Å. The NaAlH$_4$ cluster was found to preferably bind with the Na atom facing towards the carbon substrates. In Fig. 4 we provide the equilibrium geometry of the NaAlH$_4$ cluster supported on the (5,0) carbon nanotube (CNT), C$_{60}$ fullerene and graphene. The binding energies of the NaAlH$_4$ cluster to these structures are very small, namely 36, 68, and 93 meV for the (5,0) nanotube, C$_{60}$ fullerene, and graphene respectively. The distance between the Na atom and the carbon substrate is of the order of 2.3 to 2.4 Å. The distances between Na and Al and Al and H are respectively 2.8 Å and 1.6 to 1.7 Å in all these supports and are almost identical with the corresponding values in the isolated NaAlH$_4$ cluster. The near equality of these bond distances and the low binding energies of the NaAlH$_4$ cluster with the various carbon nanostructures indicate
that they do not chemically react, a property characteristic of a true catalyst.

The substrates, on the other hand, have a dramatic effect on the hydrogen removal energy. These are calculated using the equation:

\[ \Delta E = E(\text{CS:NaAlH}_3) + E(H) - E(\text{CS:NaAlH}_4). \]

Here CS stands for a given carbon substrate (nanotube, fullerene, or graphene). The calculations of the removal energies require optimizing the geometry of NaAlH$_3$ interacting with various nanostructures. The results are given in Fig. 4. Note that it costs 3.8 eV to remove a H atom from an isolated NaAlH$_4$ cluster while it costs only 2.0 eV to remove the H atom when the NaAlH$_4$ cluster is supported on a (5,0) CNT. This is nearly the same as when Ti replaces the Na atom in a NaAlH$_4$ crystal. We also note from Fig. 4 that the hydrogen removal energy from NaAlH$_4$ supported on graphene is high, namely 3.60 eV and that it varies between 2.95 to 3.07 eV in (4,4), (5,5), and (8,0) nanotubes. For the C$_{60}$ fullerene, the hydrogen removal energy is about 2.85 eV.

To determine the origin of the variation of the hydrogen removal energy from NaAlH$_4$ supported on various carbon nano-structures, we have calculated the electron affinities of these structures, shown in Fig. 4. The electron affinity is found to depend upon the curvature of the substrate and it increases with increasing curvature. In addition, as the electron affinity of the substrate decreases, the energy to remove the hydrogen atom increases. This behavior can be very simply explained by studying the stabilities of AlH$_n$, AlH$_n^-$, and NaAlH$_n$ clusters (n=1-4) as a function of number of H atoms. In Fig. 5 we plot these energy gains calculated using the formula,

\[ \Delta E_1 = E(\text{AlH}_n) + E(H) - E(\text{AlH}_{n-1}) \]
\[ \Delta E_2 = E(\text{AlH}_n^-) + E(H) - E(\text{AlH}_{n+1}^-) \]
\[ \Delta E_3 = E(\text{NaAlH}_n) + E(H) - E(\text{NaAlH}_{n+1}) \]

It is clear that among neutral AlH$_n$ clusters, AlH$_3$ is the most stable cluster and AlH$_4$ is unstable against dissociation into AlH$_2$+H$_2$. This is in agreement with previous calculations (27). However, AlH$_4$ cluster can be stabilized by adding an extra electron and AlH$_4^-$ is the most stable species in the AlH$_n^-$ cluster series. Hence, the stability of NaAlH$_4$ cluster is governed by the charge transfer from Na to AlH$_4$ transforming the former into a cation and the latter into an anion. This can be further seen by comparing the energy gain in adding H atoms, one at a time, to a NaAlH$_n$ cluster. We see from Fig. 5 that the energy gained in adding one H atom to AlH$_3^-$ is identical with that when added to the NaAlH$_3$ cluster. This is further evidence that Na in NaAlH$_4$ remains in a +1 charge state. For NaAlH$_n$ clusters with n < 4, the energy gains are close to those in AlH$_n^-$ clusters, indicating that Na transfers partial charge to the AlH$_n$ moiety in all these cases.

Thus, the way to reduce the bond strength between Al and H in NaAlH$_4$ would be to
introduce a competitor for the charge donation from the Na atom. This can be realized in
the form of an electro-negative substrate on which NaAlH₄ is supported. In this case, the
Na atom could have its electron contributed to the substrate or to the AlH₄ unit or have it
delocalized and shared by both. Situations involving the electron being transferred
elsewhere than the AlH₄ unit will result in a weakening of the Al-H bond and lead to the
lowering of the hydrogen desorption energy. The electron affinity of the substrate thus
becomes intimately connected with the hydrogen desorption process, since the larger the
electron affinity of the substrate, the greater is the probability of Na to donate its electron
to the substrate.

The plot of the electron affinity of the various carbon nano-structures vs the hydrogen
removal energy in Fig. 4 is best fitted by a parabola. Note that the hydrogen removal
energy decreases as the electron affinity of the substrate increases. This relationship may
be understood as follows. Once the hydrogen atom has left the NaAlH₄ cluster, the
remaining NaAlH₃ unit can transfer charge to the carbon support and thus bring the total
energy of the system to a lower level. The amount by which the energy can be lowered
depends on two factors: (i) the electron affinity of the charge-receiving carbon
nanomaterial, and (ii) the amount of charge actually being transferred from the NaAlH₃
molecule. The latter is determined by the cost of energy to remove a charge q from
NaAlH₃ and the gain in energy due to the carbon nanomaterial accepting this charge. The
difference between these two energy terms corresponds to the amount by which the
system can actually lower its total energy. Hence, the q for which this difference reaches
its maximum is the charge that will be transferred. This resulting energy gain is, to a good
approximation, proportional to the product of charge and electron affinity as long as the
transferred charge amount is comparatively small (q < 1 e). As the amount by which the
final state lowers its energy directly affects the hydrogen removal energy, we find that the
decrease of the latter is indeed proportional to the product of transferred charge and
electron affinity (see the inset of Fig. 4).

To arrive at a complete explanation as to how much the hydrogen removal energy is
lowered in each case one also needs to take into account the Coulomb interaction which
results between the charged NaAlH₃ molecule and the carbon nanomaterial after the
charge transfer has taken place between the two. If this interaction energy is taken into
account together with the above described lowering of the total energy from the electron
affinity, one arrives at the correct quantitative description of the mechanism that leads to
the lowering of the hydrogen removal energy.

In addition to these zero-temperature binding energy calculations, we have also carried
out ab initio molecular dynamics studies at room temperature to study the time for H
desorption as well as the evolution of the charge transfer process. The total simulation
time was 3 ps with one time-step comprising 1 fs. Interestingly, we found that the
reduction in hydrogen binding energy is sufficiently large so that dynamic effects can
lead to a breakup with one hydrogen atom dissociating from the NaAlH₄ molecular
cluster after only 0.5 ps simulation time for the (5,0) CNT, and 0.4 ps for (8,0) and (5,5)
CNT. It thus appears from our *ab initio* studies that the electronegative properties of CNTs and fullerenes can indeed lead to a sufficient reduction in hydrogen binding energies in sodium alanate, so that they can act as efficient catalysts for hydrogen removal, even at room temperature.

We have carried out a careful analysis of the charge transfer accompanying the dynamic H-removal by performing Bader analysis at selected snapshots in the molecular dynamics simulation. In Fig. 6, we plot the total transferred charge from the NaAlH₄ cluster as a function of time. The time axis has been arranged so that the H-removal event essentially coincides with t=0. As it can be seen from the graph, the charge, due to dynamical effects, is continuously fluctuating between the CNT and the NaAlH₄ cluster until a sudden charge transfer occurs when the hydrogen atom is departing.

**Conclusion:**

Our experimental and theoretical studies were conducted in concert to examine the interaction of sodium alanate with carbon nanostructures (fullerenes, nanotubes and graphene). We have shown that our results generally concur, providing insight into the interaction of NaAlH₄ with nano-structured carbon surfaces. We have shown that carbon nanostructures, traditionally thought of as hydrogen storage materials, can in fact be used as catalysts for hydrogenation/dehydrogenation of sodium alanate, NaAlH₄. We theorized that varying the diameters of the CNT’s, and thereby varying their curvature, allows one to control their catalytic effect due to localization/delocalization of electrons. We have indeed shown that there are differences in the dehydrogenation temperature of the NaAlH₄ based on the diameter of the CNT added to the material - consistent with our assumption. C₆₀ materials were found to be the best carbon additive for NaAlH₄, rehydridding NaAlH₄ by 4.3 wt% over 8 hour’s time. We suspect that a contributing factor to the performance of the C₆₀ is it’s dispersiblity. The C₆₀ molecules likely have their entire surface available for interaction with NaAlH₄. Graphite particles will only have the particle faces exposed to NaAlH₄, and CNTs are known to agglomerate and likely are bundled together, lowering the surface available to NaAlH₄. Experiments exploring the catalytic effect of carbon nanomaterials on other complex metal hydrides, e.g. borohydrides, are planned.

Using density functional theory and generalized gradient approximation for exchange and correlation we have shown that the electron affinity of the substrate is intimately connected with the hydrogen sorption mechanism. The larger the electron affinity of the substrate the greater is the probability of Na donating its electron to the substrate. The substrate was found to have a dramatic effect on the hydrogen removal energy. Experimentally we see that the curvature of the nanostructures plays a significant role in this process and C₆₀ fullerene is a better catalyst than the nanotubes. Theory further shows that (5,0) CNT may even be a better catalyst than C₆₀ fullerene in the dehydrogenation of sodium alanate.
Acknowledgements:
Funding was provided by a grant from the U.S. Department of Energy, Office of Basic Energy Science. P.A.B, A.G.H., and R. Z. would like to thank Dr. Joshua Gray for providing helpful assistance with Sievert’s measurements. C.M.A., A.B., R.H.S., and R.A. gratefully acknowledge STINT, VR, FUTURA, Göran Gustafsson Stiftelse, and Wenner-Gren Stiftelserna for financial support, as well as SNIC and UPPMAX for providing computing time.

**Fig. 1.** Screening study results of NaAlH$_4$/carbon mixtures. Samples a-f and j were heated up to 280 °C for 3 hours, and the previous absorption step was performed at ~2.1 x 10$^7$ Pa H$_2$ and 150 °C. Samples g-i were heated to 350 °C for 3 hours, and the previous absorption step was performed at ~1.2 x 10$^7$ Pa H$_2$ and 150 °C. Sample key: a) 8 nm CNT, b) 10-20 nm CNT, c) 10-20 nm CNT with 4 mol % Ti, d) 50 nm CNT, e) graphite, f) C$_{60}[1]$ g) C$_{60}[2]$ h) C$_{60}[3]$, i) control no carbon, ball mill 4 mol % TiCl$_3$, j) control no carbon.
Fig. 2. Second desorption of C\textsubscript{60}/NaAlH\textsubscript{4} mixtures. Samples were absorbed with $\sim$1.2 x 10\textsuperscript{7} Pa H\textsubscript{2} for 8 and 4.5 hours, respectively.
Fig. 3. TGA derivative of NaAlH₄/CNT mixtures for three different diameters of CNT.
Fig. 4 Black circles are *ab initio* results for H-removal energy as a function of electron affinity (EA) of the carbon substrate. The red curve is a fit of the data with a quadratic function. The inset below the red curve shows the linear relationship between the H-removal energy ($\Delta E$) to the product of transferred charge (q) and EA. The inset above the red curve displays the equilibrium configurations for NaAlH$_4$ interacting with a graphene sheet, (5,0) zigzag carbon nanotube, and fullerene. Na atom is shown as a blue sphere, Al in light gray, C in dark gray, and H in white.
Fig. 5 The energy gain in adding a hydrogen atom to AlH_{n-1}^-, AlH_{n-1}, and NaAlH_{n-1} clusters.

Fig. 6 Charge of the NaAlH₄ molecule as a function of time. The release of one hydrogen occurs at approximately t=0.
References:

Supporting Information:

Sample preparation:

Samples were prepared by combining NaAlH₄ and carbon in a Schlenk flask or in a vial within an Argon-filled glove box. Tetrahydrofuran (THF) was added and the mixture stirred with a Teflon coated magnetic stir bar for 30-60 minutes. The solvent was removed under reduced pressure and the remaining solids collected. Titanium catalyst was added to one sample by addition of 4 mol % titanium (IV) tert-butoxide to the THF mixture. The butoxide functional groups react with the hydride to form alcohol which is removed with the other solvent, leaving a powdered product. This synthesis technique was used for two reasons: (i) to avoid adding metallic contaminants from mixing by ball milling in stainless steel vials and (ii) NaAlH₄ is soluble in THF and creates a material in which the NaAlH₄ is finely dispersed, coating and intimately mixing with the carbon additives.

A control sample was made of NaAlH₄ mixed with 4 mol percent TiCl₃. The mixture was milled for 60 minutes in a Spex 8000 ball mill. The vial volume is 65 mL, and two 12.7 mm and four 6.4 mm balls were used for mixing. Mixture components and balls were loaded into ball mill vials under an inert atmosphere (argon gas).

Thermogravimetric analysis was performed on a PerkinElmer Pyris 1 instrument enclosed in an Argon filled glove box. Samples were heated at 2 °C per minute to 400 °C.

Neutron activation analysis (NAA) was performed on commercially purchased C₆₀ (Sigma-Aldrich 98%). NIST-traceable standards of Ti and Cu were used for analysis. These two metals were chosen as Ti is known to be an excellent catalyst for NaAlH₄, and C₆₀ is prepared by the carbon arc method in which Cu electrode connections are common. A Cf-252 source was used, and samples were analyzed for n-induced gamma emissions. No measurable Ti activation products were seen. A small amount of Cu-66 was detected, 3.61 x 10² µg/g (242:1 C₆₀:Cu).

Chemicals were used as provided by the supplier and are listed by supplier as follows. Acros: THF (anhydrous, 99.9%, inhibitor-free). Albemarle: NaAlH₄. Alfa Aesar: C₆₀ (98%). Cheap Tubes, Inc.: carbon nanotubes, all diameters. Sigma-Aldrich: TiCl₃ (99.999%), C₆₀ (98%), THF (anhydrous, ≥99.9%, inhibitor-free), titanium(IV) tert-butoxide (97%).

Hydrogen desorption and absorption:

Measurements were made on two Sievert’s apparitii. One is a custom constant volume Sievert's apparatus. Dehydrogenation experiments were started at 0 Pa, and the pressure increased to approximately 2.8x10⁵ Pa during the course of the reaction as the samples were heated to 280 °C for 3 hours. The hydrogenation experiments were conducted at
150 °C for 3 hours (or longer) starting with an approximately 2.1x10^7 Pa H₂ gas overpressure. Samples were dehydrogenated at least twice, with a hydrogenation cycle between.

The second Sievert’s instrument is a Hy-Energy PCT Pro 2000. Dehydrogenation experiments were run at approximately 1.0x10^5 Pa as the samples were heated to 350 °C for ~3 hours. The hydrogenation experiments were conducted at 150 °C for 5 or more hours starting with a ~1.2x10^7 Pa H₂ gas overpressure.

**Modeling:**

The total energy calculations were carried out within the framework of generalized gradient approximation (GGA) (1) to density functional theory (2,3) by using the projector augmented wave (PAW) method (4) as implemented in the Vienna Ab-initio Simulation Package (VASP) (5). The PAW potentials with the valence states 2s2p for C, 3s for Na, 3s3p for Al, and 1s for H were employed. All results reported here have been successfully tested for convergence with respect to cutoff energy, k-points, and super-cell dimensions. Ionic positions and cell parameters were relaxed with respect to minimum forces and stress using conjugate-gradient algorithms. The *ab initio* molecular dynamics simulations were performed with the VASP code (5).

References for Supporting Information: